

SOUTHERN MAINE PEDIATRIC DENTISTRY NEWSLETTER

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SPRING HAS SPRUNG!

Things have been rolling and growing at Southern Maine Pediatric Dentistry. Since opening our doors in September, we have experienced tremendous growth. Thank you!

As dental professionals who specialize in the treatment of children, we feel strongly that a big part of our daily routine revolves around patient education, which is why we have created this newsletter. It is our hope that it will keep you abreast of new dental information and give you some insights on changes at Southern Maine Pediatric Dentistry. We look forward to your input.

QUICK DENTAL FACTS



Dental caries (the disease that causes cavities) is the most common chronic childhood disease.



Cavities and dental pain cause the most missed days from school. Dental conditions account for 50 million hours of missed school & affect a child's ability to concentrate and their overall health & well-being.



Energy drinks, sports drinks, soda and even some fitness waters can attack the enamel of our teeth. These drinks are extremely acidic and contribute to the breakdown of tooth structure. Children should be encouraged to limit the frequency of these drinks and when consumed, never swish or consistently sip on them.

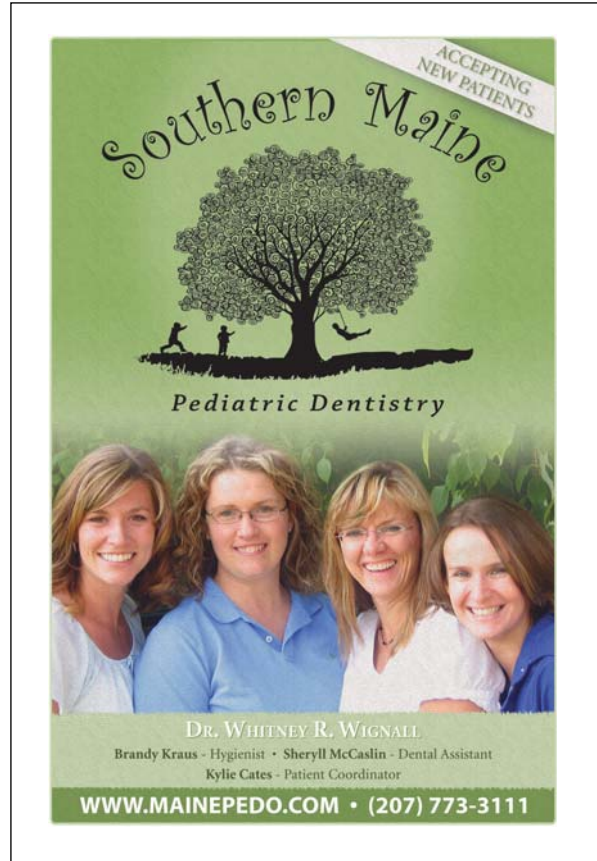


Consider putting some healthy snack options into your child's diet like: cheese, yogurt, and milk.

QUICK TIP



ONE OF THE HEALTHIEST SNACKS FOR YOUR CHILD'S TEETH IS CHEESE! CHEESE NOT ONLY GIVES YOU MUCH NEEDED CALCIUM BUT IT ALSO DOES ITS PART TO FIGHT CAVITIES! CHEESE STIMULATES THE BODY'S SALIVARY GLANDS TO CLEAR THE MOUTH OF DEBRIS AND PROTECT TEETH FROM ACIDS THAT WEAKEN THEM. PHOSPHOROUS & CALCIUM FOUND IN CHEESE PREVENT DECREASES IN THE PLAQUE'S PH LEVEL & HELPS RE-MINERALIZE THE ENAMEL OF YOUR CHILD'S TEETH.



INSURANCE UPDATES



Insurance can be confusing! Even for us! As a courtesy to our patients we file claims electronically on your behalf. Please remember to bring all of your insurance information with you, so that we can expedite your reimbursement. Also, please remember that NO INSURANCE pays 100% of all procedures, and that your benefits are not determined by this office. Your insurance benefit plan is an agreement between you and your insurance carrier. As always, we will do our best to serve you, but you are ultimately responsible for any fees not covered by your insurance.

OFFICE POLICIES



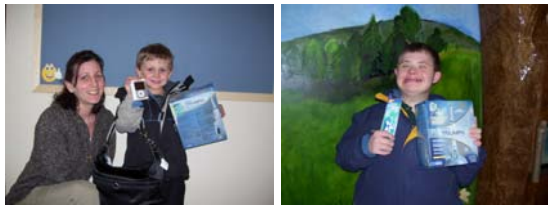
No Cell Phones



No Drinks



No Food



Congratulations to our Spring Raffle Winners!

The Shaw Family won a coach purse, an Ipod music player, and an Oral B Triumph Toothbrush!

Our runner up, the Hawkes Family, won an Oral B Triumph tooth brush and a humming bird flosser.

Thank you to the above families and to all our other patients for the kindness of their referrals.

STAY TUNED FOR OUR SUMMER RAFFLE!

WHEN SHOULD YOUR CHILDS 1ST VISIT BE?



•The American Academy of Pediatric Dentistry recommends that your child's first dental visit be 6 months after their first tooth erupts or by age 1.

Why so early you ask?

- Establishing dental care at an early age promotes a positive attitude toward dentistry that can last a lifetime, and helps us promote prevention.
- At these early appointments, your child will have a comprehensive oral exam. We will also review nutrition, oral hygiene, eruption patterns, and do a comprehensive risk assessment.
- Always take a positive approach to your child's first dental visit. Your attitude toward dentistry and your fears will shape your child's attitude and fears. At SMPD we use only kid friendly terms and ask our parents to do the same!



OFFICE NEWS

Dr. Whitney and her staff will be attending the 61st American Academy of Pediatric Dentistry's Annual Session in Washington, D.C., Thursday, May 22 through Sunday, May 25, 2008.

This is a great opportunity for us to increase our ability to better serve our patients needs, and to stay abreast of the latest news and technology in dentistry.



Mary



Abigail

Welcome our newest assistants!

STAFF CORNER



Welcome to Ms Abigail Endl & Ms Mary Darcy, our newest staff members.



Congratulations to Ms Kylie Cates, our patient coordinator, who got engaged to David Watts. They plan to marry in the Caribbean.



Mrs. Brandy Kraus and her husband Trevor have a new addition to the family...an adorable Chihuahua named Isabelle. Isabelle will have fun playing at home with Pickles & Emma.



Sheryll's daughter Meredith will graduate from Westbrook High School in June. Sheryll also has her first son-in-law! Congrats to her daughter Lindsay on her marriage.



Happy Birthday to Dr. Whitney from her Staff. April 4th is the big day! We love you!



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